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| Learning from Home Preschool & Pre-K 4/20-4/24We are thrilled to share some fun ideas for your child to do at home this week. The **On My Own** box has an activity your child can do by themselves, while **With My Family** activities can be done together! Keep active and healthy with a **Moving My Body** activity and maintain routines and life skills with a **Helping at Home** activity.On My Own **Gel Letters** You will need hair gel, food coloring, tape, and a resealable plastic bag.1. Add hair gel to the plastic bag. Make sure not to overfill the bag! Ad a couple of drops of food coloring to the gel.
2. Lay the bag flat, carefully squeeze out the air, then close and seal the bag. Reinforce the closure by putting tape over the seal.
3. Squish the baggie so that the food coloring mixes with the gel.
4. Encourage your child to use the bag to practice writing letters, numbers, shapes etc.

Moving My Body **Pancake Toes** You will need playdough, spatula and a bowl. 1. Have your child flatten the dough so that it looks like a pancake.
2. Using the spatula, ask your child how they can flip the pancakes into the bowl? Encourage them to try different ways.
3. Have your child take a few steps away from the bowl and use the spatula to flip the pancakes into the bowl.

**How many can they make in a row?** |  | With My Family **Shadow Drawing** You will need some toys, paper, a pencil, and a sunny day! 1. In the early morning, place the toys on a piece of paper and trace the outline of the shadows on the paper.
2. Do not move the toys or paper, wait an hour, then go back outside to see how the shadow changed.
3. Leave the toys and paper where they are and continues to check to see how the shadow has moved at different times of the day.

**Do the shadows stay the same? How do they change with time?** |  |  |
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| Helping at HomeCrumb SweepYou will need a small broom and dustpan or handheld sweeper.1. Spend some time showing your child how to correctly use the handheld sweeper or broom and dustpan.
2. **After each snack and meal, ask your child to sweep up any crumbs left behind.**
3. Help your child to dump the crumbs or any scraps of food into the garbage.
4. Encourage your child to do this after every meal or snack until it becomes a part of their daily routine!
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